**ARTICLES: Career Advice – Life in Academia: Career Development and Relationships**

*Revised January 29, 2025.*- jpgomez@ollusa.edu

TITLE: **Avoiding Small Talk? You Might Be Missing Out.**

Author: Kay Gruder

Published: January 21, 2025

Topic: Small talk is a career skill worth developing, Kay Gruder writes.

LINK: <https://www.insidehighered.com/opinion/career-advice/carpe-careers/2025/01/21/why-small-talk-skill-worth-developing-opinion>

TITLE: **Building Trust To Support Researchers’ Mental Health.**

Author: Alex Zarifis, University of Southampton

Published: 23 Sep 2024

Topic: Principal investigators should know what challenges to trust their research team may face at each stage of a project – from team building to post-project collaboration – so they can focus support effectively.

LINK: <https://www.timeshighereducation.com/campus/building-trust-support-researchers-mental-health?utm_source=Inside+Higher+Ed&utm_campaign=26e559ba16-Career_Advice_Newsletter_COPY_02&utm_medium=email&utm_term=0_-3cb14c2130-%5BLIST_EMAIL_ID%5D&mc_cid=26e559ba16&mc_eid=dbdcee20ba>

TITLE: **The Hidden Career Superpower [Networking, Relationship Building].**

Author: Laura Kuizin

Published: September 23, 2024

Topic: Building genuine relationships through networking can differentiate between those who thrive and those who get lost in the shuffle, writes Laura Kuizin.

LINK: <https://www.insidehighered.com/opinion/career-advice/carpe-careers/2024/09/23/why-and-how-build-genuine-relationships-through?utm_source=Inside+Higher+Ed&utm_campaign=9aa6e9ed37-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-9aa6e9ed37-197800013&mc_cid=9aa6e9ed37&mc_eid=dbdcee20ba>

TITLE: **Should You Have Kids ... in Grad School?**

Author: Anastasia Berg and Rachel Wiseman

Published: August 28, 2024

Topic: Delaying child-bearing is the norm. That’s not necessarily a good thing.

LINK: <https://www.chronicle.com/article/should-you-have-kids-in-grad-school?utm_source=Iterable&utm_medium=email&utm_campaign=campaign_10914156_nl_Chronicle-Review_date_20240903>

TITLE: **Female Scientists Are Leaving Academia Mid Career. Why It’s Important And What We Can Do About It.**

Author: Bonnie Marcus

Published: July 24, 2024

Topic: We discussed some of the major reasons women at the peak of their careers are leaving their academic institutions.

LINK: <https://www.forbes.com/sites/bonniemarcus/2024/07/24/female-scientists-are-leaving-academia-mid-career-why-its-important-and-what-we-can-do-about-it/>

TITLE: **Conferencing for Career Development.**

Author: Katie Homar

Published: July 15, 2024

Topic: Katie Homar provides advice for making the most of conferences, especially during the early stages of your career or in transition phases.

LINK: <https://www.insidehighered.com/opinion/career-advice/carpe-careers/2024/07/15/making-most-conferences-during-early-career-phases?utm_source=Inside+Higher+Ed&utm_campaign=a88d24205d-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-a88d24205d-197800013&mc_cid=a88d24205d&mc_eid=dbdcee20ba>

TITLE: **How to Make the Most of an Academic Conference.**

Author: Thomas J. Tobin

Published: May 2024

Topic: Advice on navigating professional meetings in all formats — in person, virtual, and hybrid.

LINK: <https://www.chronicle.com/article/how-to-make-the-most-of-an-academic-conference?utm_source=Iterable&utm_medium=email&utm_campaign=campaign_9925713_nl_Academe-Today_date_20240522&cid=at&sra=true>

TITLE: **When I Left Academia, I Had To Embrace Starting Over.**

Author: Ashley Ruba

Published: 16 May 20242:00 PM ET

Topic: Leaving academia, for me, meant starting over in many ways.

LINK: <https://www.science.org/content/article/when-i-left-academia-i-had-embrace-starting-over>

TITLE: **The Art of Recommendation Letters.**

Author: Karla Erickson

Published: April 24, 2024

Topic: Karla Erickson describes how to write about others in ways that honor their significance without being engulfed by the increasing demands.

LINK: <https://www.insidehighered.com/opinion/career-advice/2024/04/24/how-write-meaningful-recommendations-about-other-people-opinion?utm_source=Inside+Higher+Ed&utm_campaign=af87fbaa97-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-af87fbaa97-197800013&mc_cid=af87fbaa97&mc_eid=dbdcee20ba>

TITLE: **How to Get Promoted From an Adjunct to a Permanent Position.**

Author: Shruthi J. Mayur, Manipal Academy of Higher Education

Published: 13 Feb 2024

Topic: Transitioning from an adjunct to a permanent position requires a multifaceted approach that combines teaching excellence, professional development, networking and a clear demonstration of commitment to the institution's mission, writes Shruthi J. Mayur.

LINK: <https://www.timeshighereducation.com/campus/how-get-promoted-adjunct-permanent-position?cmp=1>

TITLE: **The Incalculable Benefits of an Advisory [Mentoring] Network**.

Author: Anne Meyer-Miner

Published: February 05, 2024

Topic: It expands upon the idea of mentorship and broadens who can help you make decisions as you chart your career journey, writes Anne Meyer-Minor.

LINK: <https://www.insidehighered.com/opinion/career-advice/carpe-careers/2024/02/05/benefits-career-advisory-network?utm_source=Inside+Higher+Ed&utm_campaign=46a21283e4-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-46a21283e4-197800013&mc_cid=46a21283e4&mc_eid=dbdcee20ba>

TITLE: **How To Build Trust As A Research Supervisor.**

Author: Kingsley Omeihe, University of the West of Scotland

Published: 10 Jan 2024

Topic: Building trust is a crucial foundation of the supervisor-supervisee relationship. Kingsley Omeihe argues it’s a two-way process.

LINK: <https://www.timeshighereducation.com/campus/how-build-trust-research-supervisor>

TITLE: **How I Learned To Nurture Relationships In Academia—And Be More Kind.**

Author: Roel Snieder

Published: 19 Oct. 2023

Topic: I was too wrapped up in judgment, competition, and overwork.

LINK: <https://www.science.org/content/article/how-i-learned-to-nurture-relationships-in-academia-be-more-kind>

TITLE: **A Wish List for New Faculty.**

Author: Karlyn Crowley

Published: August 23, 2023

Topic: As the academic year begins, Karlyn Crowley, a university provost, offers some thoughts to professors at the start of their careers.

LINK: <https://www.insidehighered.com/opinion/career-advice/teaching/2023/08/23/advice-professors-beginning-their-career-opinion?utm_source=Inside+Higher+Ed&utm_campaign=86fcb8c670-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-86fcb8c670-197800013&mc_cid=86fcb8c670&mc_eid=dbdcee20ba>

TITLE: **Five Tips For Building Healthy Academic Collaborations.**

Author: Martyna Śliwa, Durham University

Published: 23 June 2023

Topic: Collaboration is a key skill in academia, but nobody is ever taught how to do it effectively. Martyna Śliwa gives advice on how to work well with others.

LINK: <https://www.timeshighereducation.com/campus/five-tips-building-healthy-academic-collaborations>

TITLE: **Are True Friendships Possible In Academia? [Relationships].**

Author: Kate Eichhorn, Lincoln Allison, Alice Kelly, Helen Lees, Michael Marinetto Scott Rich

Published: April 27, 2023

Topic: Alliances with university colleagues can be inspiring and life-affirming but may also be grounded in little more than ambition or survival instinct. Six writers reflect on the joys and challenges of having friends in academia.

LINK: <https://www.timeshighereducation.com/depth/are-true-friendships-possible-academia>

TITLE: **Strategies for Career Exploration in Uncertain Times.**

Author: Linda Louie

Published: March 20, 2023

Topic: Linda Louie offers four steps that grad students and postdocs can take to get past faulty assumptions and more rigorously examine the best options.

LINK: <https://www.insidehighered.com/advice/2023/03/20/how-get-past-faulty-assumptions-about-your-career-options-opinion?utm_source=Inside+Higher+Ed&utm_campaign=25b3522654-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-25b3522654-197800013&mc_cid=25b3522654&mc_eid=dbdcee20ba>

TITLE: **Finding a Career Mentor (in Addition to an Academic One).**

Author: Daniel J. Moglen

Published: March 6, 2023

Topic: Your thesis adviser may be the best person to guide your research, but conversations about your career may need to happen outside your department, Daniel J. Moglen advises.

LINK: <https://www.insidehighered.com/advice/2023/03/06/grad-students-need-career-mentors-well-academic-ones-opinion>

TITLE: **Lead With Curiosity and Creativity in Your Career.**

Author: Sonali Majumdar

Published: February 27, 2023

Topic: Sonali Majumdar outlines how grad students and postdocs can apply the same qualities they do in their research to unlock possibilities in their professional lives.

LINK: <https://www.insidehighered.com/advice/2023/02/27/phds-should-apply-curiosity-and-creativity-their-careers-opinion?utm_source=Inside+Higher+Ed&utm_campaign=8adfd1ae0b-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-8adfd1ae0b-197800013&mc_cid=8adfd1ae0b&mc_eid=dbdcee20ba>

TITLE: **Techniques For Managing And Learning From Failure In Academia.**

Author: Gustavo Espinoza Ramos, University of Westminster

Published: 11 Jan 2023

Topic: Failure in academia does not have to be entirely negative – it can provide an opportunity to grow, build resilience and is an essential part of the self-improvement process.

LINK: <https://www.timeshighereducation.com/campus/techniques-managing-and-learning-failure-academia>

TITLE: **Practice Makes Perfect And Other Networking Tips For Academics.**

Author: Eleanor Hennige, The University of Edinburgh

Published: 11 Jan 2023

Topic: The benefits of networking for academics and how to do it well, both in person and online, explained by Eleanor Hennige.

LINK: <https://www.timeshighereducation.com/campus/practice-makes-perfect-and-other-networking-tips-academics>

TITLE: **Making the Most of Life After Tenure.**

Author: Michael S. Weisbach

Published: November 15, 2022

Topic: Many established scholars see their careers flounder because they fail to stay up-to-date and do not work hard to find productive new uses of their time, warns Michael S. Weisbach.

LINK: <https://www.insidehighered.com/advice/2022/11/15/how-avoid-falling-rut-after-gaining-tenure-opinion>

TITLE: **What Faculty of Color Need to Know About a Tenure-Track Career***. (And everyone else also needs to know!)*

Author: Elwood Watson

Published: October 31, 2022

Topic: How you cope with the morass of academic politics will be different depending on the person, the department, and the institution.

LINK: <https://www.chronicle.com/article/what-faculty-of-color-need-to-know-about-a-tenure-track-career?utm_source=Iterable&utm_medium=email&utm_campaign=campaign_5462416_nl_Weekly-Briefing_date_20221105&cid=wb&source=ams&sourceid=>

TITLE: **Teaching as a Transferrable Skill.**

Author: Lauren Easterling

Published: October 24, 2022

Topic: The ability to help others learn can be applied in almost any job, and graduate students should develop it as soon as they can, writes Lauren Easterling.

LINK: <https://www.insidehighered.com/advice/2022/10/24/teaching-key-skill-can-be-applied-almost-any-job-opinion?utm_source=sfmc&utm_medium=email&utm_campaign=greatgrand&utm_content=newsletter>

TITLE: **Negative feedback is part of academia (and life). These six strategies can help you cope.**

Author: Joseph Crawford, Kelly-Ann Allen and Lea Waters, The Conversation. www.phys.org

Published: September 14, 2022

Topic: There are strategies available to help you overcome and even use negative feedback to your advantage.

LINK: <https://phys.org/news/2022-09-negative-feedback-academia-life-strategies.html>

TITLE: **How to Be a Productive Scholar.**

Author: Kenneth A. Kiewra, Linlin Luo, and Abraham E. Flanigan

Published: August 17, 2022

Topic: Advice on research and writing from academics who experienced early publishing success.

LINK: <https://www.chronicle.com/article/how-to-be-a-productive-scholar?cid=gen_sign_in>

TITLE: **Embracing your Impostor Syndrome: Advice for Shifting Between Disciplines.**

Author: Amber Phillips, University of the West of England Bristol

Published: 17 Aug 2022

Topic: Changing disciplines can appear impossible at times, but it’s not, especially if academics embrace the mindset that disciplinary boundaries are often somewhat artificial.

LINK: <https://www.timeshighereducation.com/campus/embracing-your-impostor-syndrome-advice-shifting-between-disciplines>

TITLE: **What Is Tenure – And How To Get It.**

Author: Henry Reichman, California State University, East Bay

Published: 12 Jul 2022

Topic: For many scholars, permanent employment is the light at the end of a years-long tunnel. Here, Henry Reichman explains the US tenure system and why it is key to protecting academic freedom.

LINK: <https://www.timeshighereducation.com/campus/what-tenure-and-how-get-it>

TITLE: **Women In Academia Are Doing Too Much Non-Promotable Work – And That Has To Stop.**

Author: Linda Babcock, Brenda Peyser, Lise Vesterlund, Laurie Weingart, Carnegie Mellon University, University of Pittsburgh

Published: 30 Jun 2022

Topic: The No Club shares advice for women about how to spend their time at work, how to change the environment to stop saddling women with unrewarded work, and prioritise the tasks that get noticed.

LINK: <https://www.timeshighereducation.com/campus/women-academia-are-doing-too-much-nonpromotable-work-and-has-stop>

TITLE: **Seven Big Lessons from a Retiring Professor.**

Author: Patty H. Phelps, EdD

Published: June 17, 2022

Topic: In the end, it all comes down to doing what matters most—supporting our students.

LINK: <https://www.facultyfocus.com/articles/teaching-and-learning/seven-big-lessons-from-a-retiring-professor/?st=FFWeekly%3Bsc%3DFFWeekly220617%3Butm_term%3DFFWeekly220617>

TITLE: **2 Biases That Can Stall Your Career Advancement.**

Author: Kristi DePaul

Published: April 26, 2022

Topic: Kristi DePaul describes those biases and provides advice on how you can overcome them.

LINK: <https://www.insidehighered.com/advice/2022/04/26/how-overcome-biases-you-hold-can-stall-your-career-opinion>

TITLE: **LinkedIn Is Quickly Becoming Academia’s Key Tool For Career Progression.**

Author: Gillian McCurdy, Arden University

Published: 6 Apr 2022

Topic: For students and academics alike, it’s becoming hard to ignore LinkedIn’s combination of networking and self-promotional opportunities.

LINK: <https://www.timeshighereducation.com/campus/linkedin-quickly-becoming-academias-key-tool-career-progression>

TITLE: **7 Tips for Securing a Research Collaboration**

Author: Rae Robertson-Anderson

Published: January 6, 2022

Topic: Rae Robertson-Anderson describes how new professors can obtain collaborative research opportunities that not only advance knowledge but also propel their careers.

LINK: <https://www.insidehighered.com/advice/2022/01/06/how-obtain-research-collaborations-advance-your-career-opinion?utm_source=Inside+Higher+Ed&utm_campaign=7143c98387-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-7143c98387-197800013&mc_cid=7143c98387&mc_eid=dbdcee20ba>

TITLE: **6 Things I’ve Learned as I’ve Navigated a Non-Academic Career Path Post-PhD.**

Author: Sarah Ellinwood

Published: 2022 (Date Unknown)

Topic: These insights are from my own experiences blundering the post-PhD world.

LINK: <https://biobuzz.io/6-things-ive-learned-as-ive-navigated-a-non-academic-career-path-post-phd/>

TITLE: **7 Hard Truths and a Few Lies [about Academic Life]**

Author: Jennifer Snodgrass

Published: November 18, 2021

Topic: Jennifer Snodgrass shares some of the negative realities of academic life that people often avoid discussing, while offering some advice for dealing with them along the way.

LINK: <https://www.insidehighered.com/advice/2021/11/18/truths-about-academic-career-people-often-dont-share-opinion>

TITLE: **Interdisciplinary Research Collaborations Are Hard.**

Author: Margaret Schedel and Heather Lynch

Published: July 20, 2021

Topic: To head off common problems, Margaret Schedel and Heather Lynch recommend three questions you should always ask when developing your academic prenup.

LINK: <https://www.insidehighered.com/advice/2021/07/20/three-questions-ask-when-embarking-interdisciplinary-research-collaboration>

TITLE: **Using Your Research Skills for Career Exploration**

Author: Tina Solvik

Published: April 12, 2021

Topic: Like any other research project, career exploration requires information gathering and assessment, can have unexpected discoveries, and is a long-term process, writes Tina Solvik.

LINK: <https://www.insidehighered.com/advice/2021/04/12/framing-career-exploration-research-project-opinion>

TITLE: **Networking Matters More for Women in Academe**

Author: Karlyn Crowley

Published: March 9, 2021

Topic: We need to talk about why women, usually more than men, feel hesitant to build networks overtly -- and how we must remedy that, writes Karlyn Crowley.

LINK: <https://www.insidehighered.com/advice/2021/03/09/why-and-how-women-academe-need-network-opinion?utm_source=Inside+Higher+Ed&utm_campaign=a122f84d5a-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-a122f84d5a-197800013&mc_cid=a122f84d5a&mc_eid=dbdcee20ba>

TITLE: **When, How and Why to Conduct Informational Interviews**

Author: Brandy L. Simula

Published: January 28, 2021

Topic: A common misperception is that you should only pursue them when you are actively seeking a new position or making a career transition, writes Brandy L. Simula.

LINK: <https://www.insidehighered.com/advice/2021/01/28/advice-making-most-informational-interviews-opinion?utm_source=Inside+Higher+Ed&utm_campaign=ebaa816909-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-ebaa816909-197800013&mc_cid=ebaa816909&mc_eid=dbdcee20ba>

TITLE: **How to navigate conflict with your research adviser.**

Author: Jay J. Van Bavel , William A. Cunningham, Leah H. Somerville, Neil A. Lewis, Jr.

Published: Nov. 17, 2020

Topic: We break down advice for trainees based on what type of mentor they’re dealing with — a good mentor, a bad mentor, or a toxic one — and encourage faculty to play a role in changing their own mentoring and improving the culture of scientific training.

LINK: <https://www.sciencemag.org/careers/2020/11/how-navigate-conflict-your-research-adviser>

TITLE: **Mic-Drop Advice for Getting Promoted and Tenured**

Author: Katie D. Lewis

Published: October 29, 2020

Topic: Katie D. Lewis provides recommendations for how to succeed along the tenure track in each key area of academe -- while also balancing the demands of motherhood.

LINK: <https://www.insidehighered.com/advice/2020/10/29/tips-advancing-academe-and-gaining-tenure-opinion?utm_source=Inside+Higher+Ed&utm_campaign=b28303fa53-DNU_2020_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-b28303fa53-197800013&mc_cid=b28303fa53&mc_eid=dbdcee20ba>

TITLE: **New Job: How to Negotiate Your Starting Offer**

Author: Karin A. C. Johnson

Published: October 22, 2020

Topic: Karin A. C. Johnson recommends five steps to take when negotiating the pay and benefits of a new job.

LINK: <https://www.insidehighered.com/advice/2020/10/22/five-steps-take-when-negotiating-pay-and-benefits-new-job-opinion?utm_source=Inside+Higher+Ed&utm_campaign=b98cf5dcf3-DNU_2020_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-b98cf5dcf3-197800013&mc_cid=b98cf5dcf3&mc_eid=dbdcee20ba>

TITLE: **Starting a Tenure-Track Career: Settling in Your First Year.**

Author: Melissa Dennihy

Published: September 22, 2020

Topic: This transition, while enormously exciting, can present some challenges and concerns, writes Melissa Dennihy, who offers tips on how to settle in your first year and keep thriving.

LINK: <https://www.insidehighered.com/advice/2020/09/22/tips-how-succeed-during-your-first-year-tenure-track-opinion?utm_source=Inside+Higher+Ed&utm_campaign=cfaf6f79e8-DNU_2020_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-cfaf6f79e8-197800013&mc_cid=cfaf6f79e8&mc_eid=dbdcee20ba>

TITLE: **Five Strategies for Navigating a New Job in a Crisis.**

Author: Michelle Moyna

Published: August 13, 2020

Topic: Although many institutions are implementing hiring freezes, some people are still beginning new jobs during the pandemic, and Michelle Moyna offers advice for starting off on the right foot.

LINK: <https://www.insidehighered.com/advice/2020/08/13/advice-starting-new-job-midst-coronavirus-crisis-opinion?utm_source=Inside+Higher+Ed&utm_campaign=511abf95cb-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-511abf95cb-197800013&mc_cid=511abf95cb&mc_eid=dbdcee20ba>

TITLE: **If I Only Knew: Reflections for New Faculty Members at Research Universities.**

Author: Lance D. Fusarelli

Published: August 6, 2020

Topic: Now toward the end of his career, Lance D. Fusarelli looks back and offers three pieces of advice to just-minted professors.

LINK: <https://www.insidehighered.com/advice/2020/08/06/seasoned-faculty-member-reflects-what-he-wishes-hed-known-new-professor-opinion?utm_source=Inside+Higher+Ed&utm_campaign=1f9c3dc283-DNU_2020_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-1f9c3dc283-197800013&mc_cid=1f9c3dc283&mc_eid=dbdcee20ba>

TITLE: **The Surprising Benefits of Having a Baby. Career Enhancement.**

Author: Mai P. Trinh

Published: January 9, 2020

Topic: Mai P. Trinh describes how it has actually enhanced her career and made her a better scholar.

LINK: <https://www.insidehighered.com/advice/2020/01/09/benefits-having-baby-while-working-untenured-professor-opinion?utm_source=Inside+Higher+Ed&utm_campaign=609a0342e1-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-609a0342e1-197800013&mc_cid=609a0342e1&mc_eid=dbdcee20ba>

TITLE: **Conflict in your research group? Here are four strategies for finding a resolution.**

Author: William A. Cunningham, June Gruber, Jay J. Van Bavel , Neil A. Lewis, Jr.

Published: Nov. 18, 2019 , 3:25 PM

Topic: Drawing on our own experiences and challenges, we offer four strategies for resolving conflict in the lab.

LINK: <https://www.sciencemag.org/careers/2019/11/conflict-your-research-group-here-are-four-strategies-finding-resolution>

TITLE: **Creating Serendipity (for Career Advancement)**

Author: Stephen J. Aguilar

Published: April 18, 2019

Topic: Stephen J. Aguilar offers guidance for developing habits that will help you maximize the odds of being at the right place at the right time when it comes to your career.

LINK: <https://www.insidehighered.com/advice/2019/04/18/how-maximize-odds-youll-be-right-place-right-time-your-career-advancement-opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba>

TITLE: **Positive Communication in Your Career Conversations**

Author: Laura N. Schram

Published: April 8, 2019

Topic: Laura N. Schram highlights six actions you can take to improve your professional relationships.

LINK: <https://www.insidehighered.com/advice/2019/04/08/actions-you-can-take-improve-your-career-conversations-opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba>

TITLE: **What I Learned as I Was Leaving Higher Education**

Author: Beth Godbee

Published: January 16, 2019

Topic: Beth Godbee shares three responses that surprised her when she announced her decision to depart higher ed after being at her institution for seven years and having just earned tenure and promotion.

LINK: <http://www.insidehighered.com/advice/2019/01/16/professor-describes-what-surprised-her-when-she-announced-she-was-leaving-academe?utm_source=Inside+Higher+Ed&utm_campaign=25644dfd39-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-25644dfd39-197800013&mc_cid=25644dfd39&mc_eid=dbdcee20ba>

TITLE: **The Psychology of Networking**

Author: Joseph Barber

Published: October 1, 2018

Topic: Joseph Barber recommends some best practices for introverts.

LINK: <https://www.insidehighered.com/advice/2018/10/01/viewing-networking-psychological-perspective?utm_source=Inside+Higher+Ed&utm_campaign=c3e8a6f743-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-c3e8a6f743-197800013&mc_cid=c3e8a6f743&mc_eid=dbdcee20ba>

TITLE: **Networking: Just Do It**

Author: Stephen J. Aguilar

Published: June 28, 2018

Topic: Even if up until now you haven’t done it, even if you find it insufferable, even if you think you’re awkward, even if you secretly believe that you’re somehow above it argues Stephen J. Aguilar, do it and open yourself up to the possibilities that follow.

LINK: <http://www.insidehighered.com/advice/2018/06/28/getting-past-common-obstacles-effective-networking-early-tenure-track-opinion?utm_source=Inside+Higher+Ed&utm_campaign=f4e72a43da-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-f4e72a43da-197800013&mc_cid=f4e72a43da&mc_eid=dbdcee20ba>